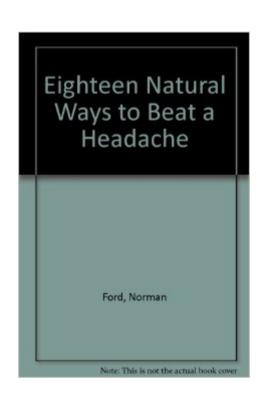
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Eighteen Natural Ways To Beat A Headache (A Keats Original Health Book)





Synopsis

Millions of pounds are spent each year on over the counter remedies for headaches. This book presents the latest research, revealing that they are caused by tension, food allergies and environmental factors. Drawing on both Western and Oriental experience, Ford offers 18 alleviating techniques.

Book Information

Series: A Keats original health book Paperback: 162 pages Publisher: Keats Pub (June 1986) Language: English ISBN-10: 0879834706 ISBN-13: 978-0879834708 Product Dimensions: 0.8 x 4.2 x 7 inches Shipping Weight: 3.2 ounces Average Customer Review: Be the first to review this item Best Sellers Rank: #7,076,853 in Books (See Top 100 in Books) #65 in Books > Medical Books > Medicine > Internal Medicine > Neurology > Headache #127 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1211001 in Books > Reference

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